



MARTINUS EVANS

Author, Speaker & Elite Long Distance Runner

SHORT BIO

Martinus Evans is a dynamic and sought-after speaker, inspiring audiences of all sizes with his incredible journey of resilience and determination. As an 8-time marathoner who defied the odds and founded the Slow AF Run Club, Martinus empowers others to embrace their personal journeys, no matter their pace or size. His best-selling book, *Slow AF Run Club*, has sold over 25,000 copies. Named Changemaker of the Year by Well+Good and Outsider of the Year by Outside Magazine, Martinus is a trusted voice on resilience and personal transformation. Martinus has been featured in over 250 media outlets including ABC, CNN, ESPN, FOX, TIME, USA Today, and the Wall Street Journal. Connect with Martinus on social media: @MartinusEvans.

LONG BIO

Martinus Evans is a highly sought-after speaker known for his powerful and motivational content that resonates with audiences of all sizes. An 8-time marathoner, Martinus defied the odds to become a leading voice in the health and fitness world. He is the founder of the Slow AF Run Club, a global community that celebrates runners of all paces and sizes. His best-selling book, *Slow AF Run Club*, has sold over 25,000 copies and continues to inspire thousands. In 2023, Martinus was honored as Changemaker of the Year by Well+Good and Outsider of the Year by Outside Magazine. As a trusted expert on resilience and personal transformation, Martinus draws from his own journey to inspire others to achieve the impossible. His story and insights have been featured in over 250 media outlets including ABC, CNN, ESPN, FOX, TIME, USA Today, and the Wall Street Journal. Martinus, along with his wife, resides in the Atlanta Metro Area. Be sure to connect with him on social media: @MartinusEvans.