

MARTINUS EVANS

SPEAKER, AUTHOR, ELITE LONG-DISTANCE
RUNNER, BADASS MTHRF*CKR

TRANSFORM IMPOSSIBLE INTO INEVITABLE

What up doe? Welcome! I'm Martinus Evans, an award-winning speaker, eight-time marathoner, bestselling author, and founder of the Slow AF Run Club. My story isn't just about running; it's about overcoming the odds, embracing who you are, making the best out of personal hurdles, and inspiring others to do the same. From growing up next to a crackhouse in Detroit to battling health and personal adversities, I like to think of my journey as a testament to what's possible with resilience—something ANYONE can develop with the right guidance. (It's me. I'm the right guidance.)



Watch Martinus in Action at:
MartinusEvans.com

WHY BOOK MARTINUS FOR YOUR NEXT EVENT?

Passion, authenticity, and actionable inspiration to make my speech programs stand out. I bring personal stories of overcoming adversity with evidence-based practices, giving attendees with the tools they need to reach personal and professional breakthroughs. Audiences come away not just inspired, but equipped with practical methods to enhance their resilience and well-being.

Whether it's in a conference room or an auditorium, it's my goal to make every word drive change and inspire.

My keynote speeches are perfect for a wide range of audiences, including corporate professionals, the health and fitness sector, the healthcare sector, educational institutions, and community groups.

AS SEEN IN...





SPEAKING TOPICS

▶ **The Marathon Mindset**

A powerful, authentic, and funny talk that captures the heart of what it means to endure challenges and tackle obstacles when the odds are against you, whether it's in a pair of running shoes, at work, or in life.

▶ **The Dropout Mindset**

A talk geared towards empowering audiences to find their "why" and encourage them to view "failure" as not a dead end, but as a vital element of success.

▶ **Health and Wellness At Work**

This talk is a thoughtful and uplifting discussion on developing all kinds of resilience, how to make fitness work for you (not the other way around), and getting creative to integrate wellness into the workplace and at home.

▶ **Influencing with Authenticity**

In this talk, Martinus shares hard-earned lessons about why being a good influencer isn't JUST about your follower count — it's about finding the heart of your influencer story, and serving your audience by being yourself.

▶ **Body Positivity**

In this funny and genuine talk, Martinus gets real about his own journey from self hate to self love and being an advocate for body positivity in the social media age.



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We packed the house! Martinus has a way of making you feel comfortable and seen, in a way that a lot of people need to feel seen. People need to hear this message. Give Martinus a platform! Trust me, you will not be disappointed.

- Jen Schaller, Owner/Founder, RunWell, LLC

Martinus does a wonderful job of making YOU feel like you can do things you didn't think you were capable of doing. Having Martinus speak is a must!

- Lindsey Mulder, Playmakers

Martinus' journey is one of profound depth and courage. I highly recommend Martinus Evans as a speaker who motivates and empowers with compassion. His insights are invaluable for anyone seeking inspiration and guidance in their own journey.

- Traci Ruiz

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AWARDS & RECOGNITIONS

- ▶ 2023 Changemaker by Well+Good
- ▶ 2023 Outsider of the year by Outside Magazine
- ▶ Former Adidas Global Ambassador
- ▶ 8-time marathoner
- ▶ Cover of Runner's World
- ▶ Cover of New York Times

OVER 25,000 BOOKS SOLD!

Unleash Your Running Potential With This Best-Selling Book


Check out Slow AF Run Club: The Ultimate Guide for Anyone Who Wants to Run. Martinus' first book stands alone in the market as a unique source of inspiration and practical advice for runners at every level. Nobody's doing it like him! This comprehensive guide to running is filled with heart-felt anecdotes, hard-won advice, and motivational tidbits to get you moving no matter your size or ability. Slow AF Run Club invites you to join a community that celebrates the joy of running at every pace and size. Meet the running revolution.




PAST CLIENTS...



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